

## St. Ann's Summer Basketball Camp

The mission behind this summer camp is to offer the Community a program designed to develop individual basketball skill as well as teach the players the value and rewards of hard work. The Camp is run by Coach Angad Multani, an alumni who has coached at St. Ann's for six consecutive years.

### Program Objectives:

- Teach players that lessons learned in sport transcend the game, and relate directly to real life.
- Develop fundamentally sound basketball players, prepare them physically, mentally, and emotionally to play to their fullest potentials.
- And of course, to have fun!

**Athletes:** This camp is for athletes, both girls and boys, entering grade 7-12 next year. Any eager, younger athletes who are willing to take on the challenge are more than welcome.

**Location:** The camp will take place at St. Ann's Academy – 205 Columbia Street, Kamloops.

**Schedule:** The camp will start on July 2nd and run till August 22. There will be a break during the second week of July as the gym is rented out and unavailable to us, but camp will resume the following week.

Camp will be held every Monday and Wednesday:

Grades 7-9 run from 10:00am to 12:00pm.

Grades 10-12 run from 12:30pm to 2:30pm.

\*\*\*This is a tentative schedule: if registration is less than anticipated, the schedule may change and pool all campers to one time. Schedule will become fixed after the first week of camp.

**Fees & Registration:** The camp will charge a nominal flat rate of \$300 per camper. If you have any questions or concerns pertaining specifically to finances, please let me know and I will try accommodate you as best I can. The form attached on the following page is to be filled in and dropped off to the St. Ann's office by June 20<sup>th</sup>. Payment is due during the first week of camp. Cash or cheque are accepted. Cheques must be made out to St. Ann's Academy. **Please note there are limited spots available so please submit the form as early as possible.**

**Program Outline & Strategies:** Camp utilizes an open workout format by bringing players together without requiring them to compare against each other. In this program, players will receive instruction on the fundamental skills of shooting, ball handling, passing and attacking. Emphasis will revolve around developing individual offensive skills.

Passing	Ball handling/ ball control	Attacking/shooting
-Passing types -Passing series -Passes vs pressure -Court awareness	-Stationary series -Open court series -Gauntlet -Combo drills	-sweep series -Spot up attacking -Attacking off the dribble -Spot shooting -Shooting off the dribble

The vision of this program is to develop young athletes in their skill as well as their appreciation for lessons learned through sport. I am here for the student athletes. If you have any questions or concerns please contact me via email and I will get back to almost immediately.

**Email:** [angad.multani@hotmail.com](mailto:angad.multani@hotmail.com)

# St. Ann's Summer Basketball Camp 2018

Acknowledgement and Acceptance of Risk, and Consent

PLEASE READ CAREFULLY BEFORE SIGNING

Name of camper \_\_\_\_\_

Name of school camper currently attends \_\_\_\_\_

Name of school camper will be attending in the next school year \_\_\_\_\_

Entering which grade in next school year \_\_\_\_\_

Emergency contact information \_\_\_\_\_

\_\_\_\_\_

Any health conditions relative to sport \_\_\_\_\_

\_\_\_\_\_

## ACKNOWLEDGEMENT AND ACCEPTANCE OF RISK, AND CONSENT

I acknowledge that there are risks, dangers, and hazards associated with my child's participation in the camp including, but not limited to: impact and collision with other players, instructors, or spectators; impact with objects or equipment used in connection with playing basketball; changes in the type of surface and the condition of each surface, including the playing courts, gymnasium, adverse weather conditions; loss of balance; failure to play safely within one's own ability; failure to play against others of equal stature or ability; theft; consumption of food and drink, negligence of other participants or St. Ann's staff.

I also give permission for camp staff members to administer first aid treatment to my child, and acknowledge that I will be responsible for any medical or other charges in connection with my child's treatment.

Participants are expected to be respectful and considerate towards other participants, all instructors, and external partner organization instructors. Participants are expected and required to follow the directions of all instructors, to stay in close proximity to their instructors during the program and not leave without consent and informing camp instructors. If there is a breach of these rules, instructors will discuss the issue with the participant and/or their parents or guardian. In the event that there is a continuous breach of these rules, instructors may require the participant to withdraw from the remainder of the camp, without reimbursement of any camp fees. **I confirm that I have discussed these rules and expectations with my child.**

I hereby consent to my child's participation in the camp on the terms and conditions set out above by signing below.

Signature of Parent/ Legal Guardian: \_\_\_\_\_

Printed Name of Parent/ Legal Guardian: \_\_\_\_\_

Date: \_\_\_\_\_