

Let's talk about **ADHD**

3 week psychoeducational group to provide information and tools to parents of children and teens with ADHD

**Presented by Child and Youth Mental Health
Will be held at the CCRR-EYC(150 Wood St)**

Childcare will be provided. If you need childcare, please indicate for how many children and the ages of the children when you register.

**To register, call CCRR-EYC at 250-376-4771
or e-mail Isabell at isabell.martin@gov.bc.ca**

Week 1: Thursday, February 14, 2019; 4-5:30

**“What is ADHD? What does it look like?
ADHD Basics”**

Week 2: Thursday, February 21, 2019; 4-5:30

“Tips and Tools for Parents”

Week 3: Thursday February 28, 2019; 4-5:30

**“Medication and other treatment
options. Community and School
Support”**

