



ABERDEEN ELEMENTARY SCHOOL

2191 Van Horne Drive Kamloops BC V1S 1L9

Phone: 250-372-5844

Fax: 250-377-2253

School Website: <https://aberdeen.sd73.bc.ca>

Principal: Mrs. Carol DeFehr cdefehr@sd73.bc.ca

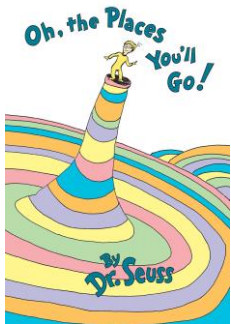
Vice Principal: Ms. Kristen Crawford kcrawford@sd73.bc.ca

NOVEMBER 2022

PRINCIPAL'S MESSAGE:

The **Canadian** Council for **Career** Development is excited to make **NOVEMBER Canada Career Month**.

In November, **Canadians** from Coast-to-Coast will come together to advance the agenda on meaningful connections to the labour force. In particular, all students K-7 should keep Dr. Seuss' theme at the forefront of their learning because we really look at our students and think "OH THE PLACES YOU WILL GO!"



The BC Curriculum states that a person's career is considered their "journey" through life, and the Career Education curriculum offers students the opportunity to pursue this journey in personally meaningful and goal-oriented ways. Today's graduates must be able to adapt to ongoing change in many aspects of their lives. For most people, career-life planning will not be a matter of making one major decision and living with it for a lifetime.

By Grade 7, Aberdeen Elementary Students are expected to know the following:

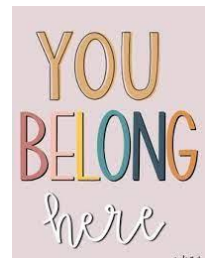
- factors affecting types of jobs in the community
- technology in learning and working
- local and global needs and opportunities
- cultural and social awareness
- global citizenship
- volunteer opportunities
- role of mentors, family, community, school, and personal network in decision making

We can't wait to see what exciting careers from yesterday, today and tomorrow that the students will inquire about! For me, I knew when I was a little girl I wanted to be a teacher. After 7 years as a teacher, I was excited to become a principal at 35 years old. For our students, we need to ensure we are preparing our children for careers they may not have even thought of yet! This is our job in Kamloops-Thompson SD73.

Sincerely,

Mrs. DeFehr
(A school leader that loves her career)
#youbelonghere

you are welcome.
you are worth it.
you are unique.
you are heard.
you are loved.
you are safe.
you matter.
you belong.



2022-2023 Bell Schedule	
8:20	Welcoming Bell
8:30	School Starts
9:55	Recess begins
10:10	Recess ends
12:10	Lunch
	Primary Eat
	Intermediate Play
12:30	All outside together
12:45	Intermediate Eat
	Primary Play
1:05	Warning Bell to end Lunch
1:10	Classes begin
2:41	Dismissal

REMEMBRANCE DAY

Just a reminder that the school is closed for REMEMBRANCE DAY on Friday November 11th. Enjoy this extra special day with family. We will have our Remembrance Day assembly on Thursday Nov. 10th Intermediate 9:00 am, Primary 10:30. Those students who are Sparks, Brownies, Guides, Cubs, Beavers, Scouts, or Cadets are encouraged to come in uniform on Thursday.



REMEMBRANCE DAY
Let's We Forget

RETAKES LIFETOUCH PHOTO DAY

Wednesday November 23 is PHOTO RETAKE DAY for any students that were absent or parents that were not satisfied with the portraits originally taken.

LEAVES

I have asked for all children to leave LEAVES on the ground. I know it sounds extreme but here is what I have experienced in my career and the justification for the request. Many dogs have done their business in them, broken glass is a reality at the school and often remnants of weekend party go'ers are found in the leaves. Needles and other inappropriate items have also been discovered. In the name of safety for all- children are asked to leave falling leaves on the ground, just like snow and rocks.

Parents please talk to your child about the dangers with the leaves in a public community place like a playground....much different than your backyard.

VOLLEYBALL THANK YOU'S

Volleyball season is up and running in full force! We have two teams representing Aberdeen this year competing at the tier one level. A BIG thank you to Coach Nicole (and Assistant Coach Murray) for coaching the boys' team and Coaches Alecia and Sheena for coaching the girls' team. We appreciate the huge commitment it takes to run practices and games. We would also like to thank our home game referees Percy and Mr. Hine, as well as our scorekeepers Ben and Connor.

PURDYS

It's that sweet time of year again. From now until November 21st, you can support our fundraising efforts while you shop gifts for family, friends, co-workers and even yourself all in one [sweet spot!](#) Orders can be picked up from the office on December 6th. [Aberdeen Elementary's Purdy's Campaign #56729](#)

ABORIGINAL EDUCATION

As a part of SD73's new District Strategic Plan and our commitment to Truth & Reconciliation, we are using the Seven Grandfather Teachings as part of Social Emotional Learning here at Aberdeen. Acknowledging all of the seven teachings is important to find balance in our lives moving forward. We will be learning about all the seven teachings over the course of the year.



The focus of our learning for the months of September and October has been respect, which is represented by the salmon. Students have participated in various activities centered around the teaching of respect and the salmon including: artwork projects; identifying what respect looks like, sounds like and feels like at Aberdeen; and attending the Salute to the Sockeye Salmon at Tsútswecw Park on October 17th which allowed us to experience and interpret the local environment and learn First Peoples perspectives and knowledge about the salmon.

PHONE MESSAGES

Please TRY REALLY HARD to refrain from calling Ms. Flynn to leave phone messages for your children. I would appreciate that family plans are sorted out in the morning before children leave for school. With 491 students at our school Ms. Flynn is far too busy to be responding to changes in plans for families. Thank you for your support regarding this situation.

HALLOWEEN is on a MONDAY!

Halloween falls on a MONDAY this year! Classroom teachers and students will join in the spirit on Monday October 31st and can come in Black and Orange for the day or an appropriate costume. Students can also choose to wear their Aberdeeen Spirit Wear or their usual clothes. Masks, weapons and those that are too hard to play in or go to the bathroom in should be avoided. Please ensure all costumes are culturally sensitive and respectful of diversity in our community. Direction for October 31st will come from your classroom teacher based on the learning happening on this day.

So...Halloween happens on a Monday – now I need your help for Tuesday, Nov. 1. I am asking as the principal that parents ensure that MINIMAL if not, ZERO candy comes to school the following week and beyond. Large quantities of candy, in large quantities of children really do affect the learning environment and tone of the school. Please send your normal healthy lunches, keeping in mind that candy is not part of the healthy food guide and should not be in your child's lunch.

They can eat their Halloween candy when they get home afterschool under your supervision. It is also important because we have multiple students that have severe nut allergies of all kinds and Halloween candy generally is not nut free. This poses a huge risk to those students with allergies and I would rather our kids were not put in harms way because someone wants to bring inappropriate candy. Please help the staff and I by just keeping all candy out of lunch kits. Please review with your intermediate student who may potentially make their own lunch and think Halloween candy is acceptable.



REPORTING

This is the last year of the Ministry of Education's Pilot and draft K-9 Student Reporting Policy.

The Ministry has finalized its expectations. Please click on the links to read more.

2023-2024 REPORTING ON STUDENT LEARNING

[Reporting on Student Learning is Changing in BC - Brochure for Families](#)

[K-12 Reporting Policy Framework - Interim Supporting Materials DRAFT](#)

[K-12 Student Reporting Policy Overview](#)

GROWTH MINDSET- TURN WORRY INTO WONDER!

Imagine this...the big volleyball game is tomorrow and your child is VERY nervous.

You watch them pacing back and forth in the kitchen pretending to bump a ball into the air...

They say, "**I can't mess up this game.**"

Then suddenly they start complaining about a tummy ache.

"Wow," you think. "They are really worried about this game. I wish I could help..."

It's normal for children to worry. But when the worries start to overwhelm them or **cause physical symptoms**, it can be more of a problem.

We can help our children break the cycle of worry by coaching them **to turn their worries into wonders**:

WORRY: "I'm worried that no one at school will like me."

WONDER: "I wonder if other children at school will like playing the games I like."

WORRY: "I'm so nervous about the game."

WONDER: "I wonder if I can improve compared to my last result."

This simple switch can make a huge difference!

While worries can reinforce the cycle of anxiety and produce MORE worries, wonders help interrupt that cycle of worry.

It puts a whole new spin on your child's mindset.

BREAK THE CYCLE BY HELPING YOUR CHILD TURN THEIR WORRY INTO "I WONDER"...

WORRY	WONDER
"I will feel embarrassed if I screw this up."	→ "I wonder what will happen if I try this and give it my best!"
"I won't know anyone and will have no one to talk to."	→ "I wonder if I can make some new friends or meet someone cool if I go."
"This is going to be too hard for me."	→ "I wonder if this will help me learn a new skill!"
"I don't want to ask a question because I feel stupid for not knowing this."	→ "I wonder if others have the same question as I do. They would be thankful I asked."
"I won't have any friends in the new school."	→ "I wonder how many kids have the same interests that I do."
"I'm just not good at anything."	→ "I know everyone has unique talents and abilities. I wonder what mine are."

OUTDOOR CLASSROOM EXPERIENCES

Outdoor Classroom Day is November 3!

We are encouraging all teachers to take learning outside this day if possible. **Outdoor Classroom Day is a global movement to make time outdoors part of every child's day.**

The following 4 tips were shared with our staff:

- 1. Take at least one class outdoors on the day.** Check out the [resources section of our website](#) for plenty of outdoor learning and play ideas - including a selection from our friends over at [Earth Cubs](#).
- 2. Play around with playtime.** Outdoor play is critical to children's health and wellbeing. Try out some of these [top tips from OPAL](#) on Outdoor Classroom Day and witness the impact better playtimes can have for everyone.
- 3. Set children an outdoor task to do at home.** If any of your students are learning from home on the day, share outdoor learning and play ideas with parents. From [mud play](#) to [dressing up in nature](#), there are lots of easy ideas in our [resources section](#).
- 4. Use the journey to and from school to explore nature.** From collecting natural items to playing a game of outdoor bingo, there are lots of ideas on our [outdoor journeys Pinterest board](#).

ANTI IDLING

We kindly ask for the safety of our children that at NO TIME do parents/caregivers leave their cars idling around our school perimeter. This is a district initiative where you will see signs on fences around the school. Our young lungs deserve not to inhale your car exhaust so please turn off your vehicle as you park at the school. I know in winter this is tempting to leave your car running, but in all seasons we ask that you honor this request. Mrs. DeFehr has requested more signs to be put up in drop off areas. Also, please be courteous to our neighbours around Aberdeen. I have already been fielding many complaints from neighbours about how some of our parents are parking.

NO DOGS ON SCHOOL GROUNDS

As per City of Kamloops BYLAW 34-42 (Division 7) Dog Responsibility and Control – no dogs are permitted in public schools. This is on our school grounds or inside our building. The school district also enforces that dogs are kept away from our children as well with signs at our entrances reminding community and parents not to bring dogs on our site. Please keep dogs outside of the school perimeter fencing and never on the upper hardcourt areas, playground, near the portables or the fields. More signs have been requested. Thank you for helping us out with this.

NEWSLETTERS

At the start of every month a newsletter is emailed home to parents. Be sure to check your inbox! It is always POSTED to the website as well if you are searching for information. The school's website is: <https://aberdeen.sd73.bc.ca> Ensure Ms. Flynn has your most current email address. THIS IS CRUCIAL. Ms. Crawford and I will be working to get the website current again. Each week the Parent Weekly update will be posted to the website when it comes out.

SAFE ARRIVAL

Aberdeen Elementary uses an automated SAFE ARRIVAL SYSTEM called SCHOOL MESSENGER. The system handles parent contact (including phone calls) when a student absence is unexpected, and will allow parents to interact directly with the system in a variety of ways:

- by phone either when the system calls, or when a parent initiates a call to notify of upcoming absence - by internet through login controlled webpage interface
- by smartphone app (iOS and Android versions available for free)

Toll-free number to call: [1-844-350-2647](tel:1-844-350-2647) Website for parent access: asp.schoolmessenger.ca/ktsd73

Parents use the above methods to report student absences rather than phoning the school at Aberdeen. **We ask that parents please report student absences before 8:20 am on the day of the absence**, although the system also allows for reporting of student absences long in advance for holidays, trips, etc. For tech-savvy parents, we encourage you to download the iOS or Android apps for free from their respective app stores. To find the app, search for SCHOOL MESSENGER and install the free app.

Please always be sure to inform the teacher of your child's absence as well so that they are aware of any sickness or trips planned and to plan for instruction missed.

SUBSCRIBE TO OUR WEBSITE FOR TIMELY UPDATES!

Parents should go to the website and SUBSCRIBE to receive timely updates. Please search Aberdeen Elementary, go to the SCHOOL NEWS top tab and then on the righthand side is the SUBSCRIBE BUTTON. It will prompt you for further information and then you need to confirm via your email.

SD73, our staff, and our schools are committed to communicating with parents in as many ways as possible. We want you to know what is happening in regards to the education of your children!

Our mobile app is our latest tool. Once downloaded to your Apple or Android smartphone or tablet, the app will allow you to choose to receive news about your school straight to your device, and allow us the opportunity to reach out to you when we have important news to share.

Key functions our app includes:

- Receive notifications about alerts, incidents or critical events in your school
- Subscribe to receive updates from your school
- Download invites for specific events at your school, including ProD days, concerts, sport events, etc. to your personal calendar
- Stay in touch with school staff
-

REGISTER FOR KEV SCHOOL CASH

Our School District has engaged the services of KEV Group, a company offering a web-based software solution, *SchoolCash Online* which includes several modules designed to meet the financial needs of K-12 public education schools. With Ministerial mandates for improvement and recommendations from our external auditors, School District No. 73 is looking to using a digital product, to manage our school fees and accounting. The intention is to replace/reduce the use of cash and the use of the historic accounting system in our schools.

As a result, the School District's Finance Department and schools have been working with *SchoolCash Online* to implement a digital system connecting parents and students. This system provides an easy method of paying your child's school fees for courses, field trips, sports teams, clubs and many other student activities anytime, anywhere in a safe and secure web-based environment.

While recognizing the benefits of this payment environment, you must also be aware of the potential impacts and risks of sharing digital information online and of the necessity to protect our students' personal information regardless of where it is stored or accessed. As a public body, we are subject to the *BC Freedom of Information and Protection of Privacy Act*. In accordance with this Act, we must at all time protect the privacy of students under our care.

We hope that you will see value in this fee payment tool for you and your child. If you choose to participate please complete the Electronic Registration Process through sd73.SchoolCashOnline.com. Your student's school administration will then provide further instructions on how to access the new system.

NOON HOUR SUPERVISORS

We are always looking for parents who would be interested in becoming volunteers for the 2022-2023 school year on a regular or on-call basis. If you are interested please visit us at the office or email Ms. Crawford kcrawford@sd73.bc.ca We really need parental or grandparent support in order to keep our children safe both on the playground and while eating. Noon hour supervision duties do receive a small honorarium pay. Please know that a Criminal Record check is required.

NON INSTRUCTIONAL DAY

Please be advised that Monday November 21, 2022 is now a Non Instructional Day. As you know, due to the National Day of Mourning for Her Majesty the Queen, we used Monday September 19th to honour her.

PARENT ADVISORY COUNCIL

A huge thanks to the VERY COMMITTED ABERDEEN PAC! Read below with all the details for what they have planned!

Hot Chocolate Day Nov 7th

Movie night is Nov 17th

50/50 ends Nov 7th and draw is Nov 8th <http://trellis.org/aberdeen-elementary-playground-5050>

Poinsettia fundraiser pick up Nov 25th

Magazine fundraiser open until Nov 14th. <https://shop.gsp.ca/collections/aberdeen:elementary-school>

Hot lunches - each Friday with a few Thursdays due to non school days. Orders must be in and paid for one week prior.

Join [Aberdeen Elementary Kamloops Events Facebook](#) page for all the information and updates.

We are looking forward to a great school year!

IMPORTANT NOVEMBER and DECEMBER DATES

Tues. Nov. 1	Tier I Boys VB @PAC WAY
Tues. Nov. 1	PAC Meeting 6 pm
Thurs. Nov. 3	National Outdoor Classroom Day
Thurs. Nov. 3	Tier I Girls VB @DTES
Fri. Nov. 4	PAC Hot Lunch Moon Wok
Mon. Nov. 7	PAC Hot Chocolate Day
Mon. Nov. 7	Last day of PAC 50/50
Tues. Nov. 8	PAC 50/50 Draw
Tues. Nov. 8	Tier I Boys VB@HOME
Thurs. Nov. 10	Remembrance Day Assembly 9 am/10:30 am
Thurs. Nov. 10	Pac Hot Lunch Senior Froggies Pasta
Thurs. Nov. 10	Tier I Girls VB @HOME
Fri. Nov. 11	Remembrance Day- Aberdeen Closed
Sun. Nov. 13	World Kindness Day
Mon. Nov. 14	FVP Delivery Mandarin Oranges
Tues. Nov. 15	Tier I Boys VB @ Brock
Wed. Nov. 16	Pizza with the Principal forms due
Thurs. Nov. 17	Tier I Girls @ DTES
Thurs. Nov. 17	PAC Movie Night
Fri. Nov. 18	PAC Hot Lunch Pizza Now
Mon. Nov 21	Non Instructional Day
Wed. Nov. 23	Lifetouch Photo Retakes
Fri. Nov. 25	PAC Hot Lunch Senior Froggies Mexican
Fri. Nov. 25	Poinsettia Pick up – All Day
Fri. Nov. 25	INTERIMS home K-7
Mon. Nov. 28	FVP Delivery Mandarins

Tues. Nov. 29	Pizza with the Principal Lunch
Fri. Dec. 2	PAC Hot Lunch Moon Wok
Mon. Dec. 5	Non Instructional Day- No school for students
Tues. Dec. 6	PAC Meeting 6 pm
Fri. Dec. 9	PAC Hot Lunch Subway
Mon. Dec. 12	PAC SANTA PHOTOS
Wed. Dec. 14	Red and Green Spirit Day
Fri. Dec. 16	Holiday Sweater Spirit Day
Fri. Dec. 16	Last day before Winter Break
Dec. 17- Jan 2	WINTER BREAK



COACHES

Looking ahead to BASKETBALL!

The more coaches we have, the more teams we can have participate in school district sports program. At the elementary level, there is one league game per week and usually 1-2 practices (this depends on gym availability and of course the time the coach can volunteer). At this time, please email Kristen Crawford krcrawford@sd73.bc.ca if you have any interest in coaching boys or girls or Basketball (January to March)

Our district has three leagues- Tier 1, II and III.

Tier 1- usually Gr.6/7 age players

Tier II- usually Gr. 5/6 age players

Tier III- usually Gr. 4/5 age (coed often) players

A criminal record check will be required prior to coaching our students.

SEL (Social Emotional Learning) SCHOOL

Aberdeen continues to be a SEL School. We also believe in the PBIS (Positive Behaviour Intervention and Supports) mindset. Our goal is to promote our CODE OF CONDUCT and emphasize

R-RESPECTFUL

R- RESPONSIBLE

S- SAFE

The goal is to always remind children to use RRS *so that they make great choices.*

We are very excited to let parents know we have three new ways of celebrating our kids! Teachers can use their learning alert cards to invite the principals to their classrooms to see the wonderful learning happening and congratulate the class. Principal Passes can be used to send individuals or small groups to the office to show the principals their hard work, effort and academic growth. Lastly, any staff member at Aberdeen can email Mrs. DeFehr and nominate a student(s) for any reason they deem deserving for being a GREAT KID! They will hear their name on announcements and be asked to come down to celebrate with Mrs. DeFehr and Ms. Crawford.



Nov. 11 Friday - School Holiday: Remembrance Day
Nov. 25 N.I.D. #2 Professional Development – No classes
Dec. 5 N.I.D. #3 Professional Development – No classes
Dec. 16 Last day of classes before Winter Vacation
Dec. 17 Jan. 2 - School Holiday: Winter Break
Jan. 3 School re-opens for 2023
Feb. 3 N.I.D. #4 Professional Development – No classes
Feb. 20 School Holiday: Family Day
Mar. 17 Last day of classes before Spring Vacation
Mar. 18 April 2 - School Holiday: Spring Break
Apr. 3 School re-opens
Apr. 6 District Day of Suwentwecw
Apr. 7 SCHOOL HOLIDAY- GOOD FRIDAY- no classes
Apr. 10 SCHOOL HOLIDAY- EASTER MONDAY- no classes
Apr. 24 N.I.D. #5- Professional Development-No classes
May 19 N.I.D. #6 – Professional Development – No classes
May 22 School Holiday: Victoria Day
June 29 Last day for students dismiss at 12:30 pm
June 30 Administration Day – Schools closed

PIZZA LUNCH WITH THE PRINCIPAL

Did your parents read the newsletter? GREAT! Enter at the office to win PIZZA LUNCH WITH THE PRINCIPAL! Fill out the tear off section and return it to the drop off bin at the office by Wednesday NOVEMBER 16th, 2022. Two lucky PRIMARY and two lucky INTERMEDIATE students will have lunch with Mrs. DeFehr each month. The PIZZA WITH THE PRINCIPAL LUNCH will be TUESDAY NOVEMBER 29th, 2022 at 12:05. Meet Mrs. DeFehr at the office.



I WANT PIZZA WITH THE PRINCIPAL!

Name: _____

Grade: _____ Phone# _____

My favourite kind of pizza is: _____

Allergies?: _____

Parent Name: _____

Parent Signature: _____

The most informative piece of information in this newsletter was ☺

November is CANADA CAREER MONTH! Tell Mrs. DeFehr what your interests and passions are and what career might excite you in the future? Anyone thinking of being a Principal?
